



OREGON PSYCHOLOGICAL ASSOCIATION

PRESENTS

The Oregon Psychologist Summit

APRIL 30, 2022



OPA is now offering an incentive program to those wanting to attend the virtual conference with fellow Psychologist attendees in their own home or office. Any member who hosts 4 or more registered attendees can request a \$10 per person reimbursement for food, drinks, supplies, etc. For more information, email the OPA Office Staff at info@opa.org.

www.opa.org



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The Oregon Psychologist Summit

VIRTUAL SUMMIT SCHEDULE

Saturday, April 30, 2022

9:00 – 9:30 AM

Virtual Social Coffee Hour

See your friends and enjoy friendly banter prior to the programming.

9:30 – 9:35 AM

Welcome & Opening Remarks by Conference Chair, Nathan Engle, PsyD

9:45– 11:45 AM

GENERAL SESSION

The Current Climate of Local and National Advocacy for Psychology and How to Get Involved

*Presented by: Roseann Fish Getchell, PsyD, Department of Veterans Affairs
Nadi Paranamana, M.A., M.A., APA Advocacy Coordinating Committee (ACC)*

Over the past two years, the field of psychological research, treatment, education, and training has rapidly changed. From tele-health initiatives, to continued racial inequities of mental healthcare, to patient and practitioner safety, and more, many of these changes have been impacted by legislative policy at the local and national level. This two-hour presentation will serve several purposes including the following:

- Inform psychologists of the recent national and local legislative changes that impact research, treatment, training, and other important aspects of the profession.
- Clarify future advocacy goals at a national level, as informed by the American Psychological Association and Advocacy Coordinating Committee.
- Provide foundational advocacy skills and information as to how to engage in legislative advocacy at the local and national level.

11:45 AM – Noon

Break

Noon – 12:45 PM

2022 Awards Ceremony

OPA does not function without the amazing support of its volunteer membership. We will take a few moments to acknowledge the hard work being done to make OPA the special organization that it is. Student poster awards will also be presented during this time.

12:45 – 1:00 PM

Break

Zooming In and Out: Ethical Hybrid Practice

Presented by:

Irina Gelman, PsyD, ABPP, Providence Medical Group
Jennifer Clark, PsyD, Aspire Psychology
Erica Aten, PsyD, Collective Care Clinic
Allison Brandt, PhD, Portland Anxiety Clinic
Leonard Kaurman, PhD, Portland Health & Wellness
Justin Lee, PhD, OHSU

Heather Shaefer, PhD
Erin Steen, PhD
Petra Zdenkova, PsyD, Samaritan Health Services
Elijah Hill (Student), Pacific University
Alex Keene (Student), Pacific University
Sophia Sbi (Student), Pacific University

The use of telehealth reached its peak in April of 2020 but has since stabilized to a rate 38 times higher than the pre-COVID-19 baseline, with psychiatry surpassing all other healthcare disciplines (Bestsenny et al., 2021). In 2021, the American Psychological Association (APA) distributed a national survey to doctoral-level licensed clinical psychologists and found that 96% utilized telehealth in their clinical practice throughout the pandemic, and 93% plan to continue using telehealth post-pandemic. Given the flexibility, accessibility, and comfort that telehealth affords patients and providers, it is no surprise that telehealth is here to stay. Many providers are opting for a hybrid model, incorporating telehealth and in-person services into their practice. The presentation will review ethical considerations, identify potential complications, and discuss how to navigate obstacles.

Objectives:

1. Examine current state of hybrid psychological practice and discuss options and considerations for hybrid (telehealth and in-person) services
2. Discuss ethics of maintaining a hybrid practice and making day-to-day decisions about in-person vs. telehealth services
3. Discuss navigating complex situations when psychologist needs misalign with client needs or organizational requirements
4. Apply decision-making model to ethical decisions

3:00 PM

Virtual Summit Concludes

**Conference schedule, topics, and speakers subject to change.*

The Oregon Psychological Summit Information

Registration and Fees

4 CEUs available

OPA Member	\$100
OPA Lifetime Member	\$50
OPA Student Member.....	\$25
Non-Member	\$200
Non-Member Student	\$50

Cancellation Policy: Cancellations received on or before April 15 will receive their total registration fee minus a \$50 administrative processing fee. Cancellations received after April 15 and by April 22 will receive a 50% refund of their total registration fee. Cancellations after April 22 are not eligible for refunds. No shows and same day cancellations will not be refunded any registration fees. There will be no reduction in fees for partial attendance.

REGISTER ONLINE AT WWW.OPA.ORG